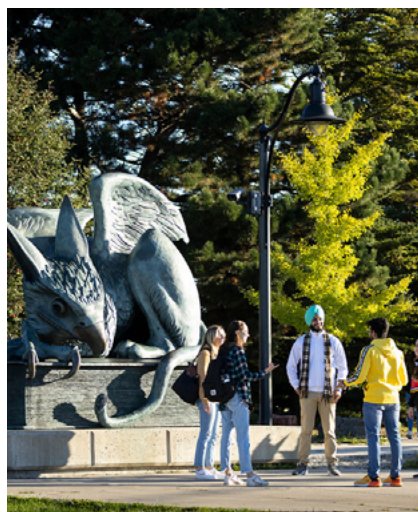




# STUDENT SUPPORTS

PREPARED BY STUDENT WELLNESS SERVICES



# STUDENT SUPPORTS

## EMERGENCY & 24 HOUR RESOURCES

### ON CAMPUS:

519-824-4120

#### Student Housing Services:

x 58701 / [housing.uoguelph.ca](http://housing.uoguelph.ca)

Lennox Addington Residence

x 58122

South Residence (Prairie Desk)

x 58123

East Residence

x 58124

#### Campus Safety Office, Fire & Ambulance

Emergency x 52000

Non-emergency x 52245

### WITHIN GUELPH:

Sexual Assault Domestic Violence Care  
& Treatment Centre

519-837-6440 x 2728

24 Hour: x 2210

Here 24/7

1-844-437-3247

### VIRTUAL/PHONE SUPPORTS:

Good2Talk (Ontario students)

1-866-925-5454

Crisis Text Line (Canadian students)

Text UofG to 686868

keep.meSAFE (International students) 1-844-451-9700 (001-416-380-6578 outside of NA)

OUTline Online Chat

[uoguel.ph/outline](http://uoguel.ph/outline)

## U of G STUDENT SUPPORTS & RESOURCES

519-824-4120

### STUDENT WELLNESS SERVICES:

[uoguelph.ca/wellness](http://uoguelph.ca/wellness)

Counselling Services

x 53244 / [uoguel.ph/CS](http://uoguel.ph/CS)

Student Health Services

x 52131 / [uoguel.ph/Health](http://uoguel.ph/Health)

Health &amp; Performance Centre (HPC)

x 53039 / [uoguelph.ca/HPC](http://uoguelph.ca/HPC)

Student Accessibility Services (SAS)

x 56208 / [uoguel.ph/SAS](http://uoguel.ph/SAS)Sexual and Gender Based Violence Support & Education x 53020 / [uoguel.ph/SVS](http://uoguel.ph/SVS)

Wellness Education &amp; Promotion Centre (WEPC)

[uoguel.ph/WEPC](http://uoguel.ph/WEPC)

Student Support Network (peer-to-peer support)

[uoguel.ph/SSN](http://uoguel.ph/SSN)

*Not sure how to navigate our many resources? Connect with a Student Wellness Navigator who can help direct you. Call x52131 to book an appointment.*

### STUDENT EXPERIENCE:

x52214 / [uoguelph.ca/studentexperience](http://uoguelph.ca/studentexperience)

Indigenous Student Centre (ISC)

x 58074 / [uoguel.ph/ISCuofg](http://uoguel.ph/ISCuofg)

Black &amp; Racialized Students (Cultural Diversity)

[uoguel.ph/CDO](http://uoguel.ph/CDO)

LGBTQ2IA+

[uoguel.ph/LGBTQ2IA](http://uoguel.ph/LGBTQ2IA)

International Student Advising

[uoguel.ph/ISA](http://uoguel.ph/ISA)

Spirituality &amp; Multi-Faith

[uoguel.ph/MFRT](http://uoguel.ph/MFRT)