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## **Mitacs Step workshop for graduate students and postdoctoral fellows: Skills of Communication CANCELLED**

Updated Information

**Session cancelled due to low enrollment.**

Date	Location	Notes
Tuesday March 21, 2017 8:30am to 4:30pm	University Centre room 442	Registration starts at 8:15am SHARP
		<b>To register, please visit the <a href="#">workshop webpage</a>.</b>

## **Description**

### **Workshop Objectives**

Gain the insights and tools necessary to analyze your communication style. Develop the skills to become a more effective communicator and drive change in the workplace.

### **Learning Outcomes**

You will learn to:

- Identify personal assumptions and mental models, and see how they influence communication
- Navigate difficult conversations
- Communicate for team success

### **Key Topics**

The Power of Communication

- Communication: not as simple as it seems
- When bad communication happens to good communicators
- Identifying challenging conversations
- The effect of mental models and personal assumptions
  - Mental models and The Ladder of Influence

- 3 Steps: reflect, advocate, inquire
- Johari Window Model
- Cultural influences
- Gender influences
- Power of unspoken words

## Engaging Others

- Non-verbal communication
- Closed-ended, open-ended and probing questions
- Listening challenges
- R.E.A.L. Communication Model: Research, Engage, Ask Questions, Listen
  - Handling difficult conversations
  - Matching different communication styles to different audiences

## Cost:

This workshop, as with all Mitacs Step workshops, is free for graduate students and postdoctoral fellows. However, the preauthorization of a valid credit card is required as part of the registration process. A \$50 penalty will be applied to all late cancellations (cancellations that are not made 5 days or more before the workshop date), no shows, or incomplete attendance. These penalties are only charged after the completion of a workshop and no charges are ever made to interns who participate in full. For answers to some frequently asked questions, please visit our help page: <http://www.mitacs.ca/en/programs/step/faq>

*If you have any questions please contact the Step team at [step@mitacs.ca](mailto:step@mitacs.ca).*

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## Source

**URL:**<https://www-research.uoguelph.ca/research/alerts/content/mitacs-step-workshop-graduate-students-and-postdoctoral-fellows-skills-communication>